



BICOL ADVENTURER

Day 1: Once you have been picked up from the Naga City Airport you will check-in to Villa Caceres Hotel before we head to Jardin Rosal for the afternoon.

This garden is situated in amongst rice fields and coconut plantations which is a short drive from your hotel. It is here that you will have the chance to experience some of the local delicacies on offer including Bicol Express (pork cooked with chillies and coconut cream) and Lambanog (fermented coconut drink).

During the afternoon a short trek to the summit of Kanibag Hill offers great views of the surrounding areas. Take in the sights of San Miguel Bay and get a glimpse of Mt. Isarog, one of several volcanoes in the region, which you will visit the following morning.

This evening we will stroll thru the night markets of the Naga Centro.

Day 2: Today we begin to get our feet wet, literally, as we make our way to Mt. Isarog dormant volcano to visit 2 waterfalls and take a dip in the fresh mountain waters!

Our next stop on the volcano is Mainit (hot) springs. Here you can soak your bones in a number of different springs depending on your need, ranging from 25C up to 39C.

This afternoon you will try your hand at wakeboarding! You will visit the Camarines Sur Water sports Complex which is situated in the town of Pili, famous for its delicious pili nuts. The complex is world class and draws competitors from ALL over the world including champions from Australia during competition.

Days 3-4: This morning we say good-bye to Naga City and head out to Caramoan Peninsula for some island hopping. This peninsula is renowned for its isolation and beauty making it ideal as the newest location for a television series, where participants are left on a deserted island and must survive to be the last standing to win the prize.

Staying at the West Inn Peninsula in the town of Caramoan we will use this as our base for the next couple of days while we take our own boat to visit the surrounding islands including Matukad Island, Tabgon Hill Hinungon Cove. You'll have the opportunity to snorkel, kayak, explore or just soak up the sun!

Day 5: We leave the island hopping paradise of the Caramoan Peninsula to say a big hello to the province of Albay whose skyline is dominated by the presence of Mayon Volcano. This is a very much alive volcano frequently spewing lava and smoke from her perfect shaped cone!

Along the way we will stop in at the old church ruins of Cagsaua where, during one of Mayon's many eruptions, all the debris was enough to cover the church entirely except for the belfry! Unfortunately local people had huddled in the church for safety and ALL 1,200 people were buried during the eruption.

Finally we will check-in to the Vista Al-Mayon motel, our base for the next 3nights.



Day 6: Caving Day! We will make our way to the nearby town of Camalig for today's adventure. Firstly visiting Hoyop-hoyopan (blow-blow) Cave, called this because there is a wind that constantly blows through the cave. This is a short walk thru the cave lasting 30minutes.

Next we visit Calabidongan Cave, known as the bat cave for the numerous bats found through-out the system. It involves a 45 minute trek through the jungle to get to the cave opening. This part of the adventure includes getting wet as you enter the cave and also crawling thru small areas and getting down right dirty! We allow 5hours for this activity, but it can take as long as 7hrs!

Day 7: Whale sharks!!!!

Today we head to the neighbouring province of Sorsogon for our final activity, whale shark interaction!

The sleepy town of Donsol has become the capital of whale shark interaction after the hunting of these graceful animals was halted and their potential as a tourist attraction become realised.

The whale shark (Rhincodon Typus) is the world's largest fish commonly growing to a size of 10-15 metres, although they have been known to grow as big as 18-20mtrs!!

It is believed that the whale sharks congregate here in the waters off the shores of Donsol as it is the height of their feeding cycle and there is plenty of krill and plankton. There is also a new study to determine if it is also a breeding ground as several baby whale sharks have been found!

Day 8: Today marks the end of your adventure as you take a flight back to Manila.